








Website review hand-eye-coordination.com

Generated on March 03 2026 06:22 AM

The score is 78/100



SEO Content

	Title	<p>Hand-Eye Coordination: Definition, Activities, and Ways to Improve</p> <p>Length : 66</p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	Description	<p>What is hand-eye coordination? Learn its meaning, importance, exercises, and games to improve hand-eye coordination in kids and adults.</p> <p>Length : 135</p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="544 1317 1481 1816"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>title</td> <td>Hand-Eye Coordination: Definition, Activities, and Ways to Improve</td> </tr> <tr> <td>description</td> <td>What is hand-eye coordination? Learn its meaning, importance, exercises, and games to improve hand-eye coordination in kids and adults.</td> </tr> <tr> <td>type</td> <td>website</td> </tr> <tr> <td>url</td> <td>https://hand-eye-coordination.com/</td> </tr> </tbody> </table>	Property	Content	title	Hand-Eye Coordination: Definition, Activities, and Ways to Improve	description	What is hand-eye coordination? Learn its meaning, importance, exercises, and games to improve hand-eye coordination in kids and adults.	type	website	url	https://hand-eye-coordination.com/		
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url	https://hand-eye-coordination.com/													
	Headings	<table border="1" data-bbox="544 1848 1481 1921"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>10</td> <td>10</td> <td>8</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 1951 1453 2078" style="list-style-type: none"> • [H1] What Is Hand-Eye Coordination and How to Improve It? • [H2] Aaron Jackson • [H2] Introduction • [H2] What Is Hand-Eye Coordination? 	H1	H2	H3	H4	H5	H6	1	10	10	8	0	0
H1	H2	H3	H4	H5	H6									
1	10	10	8	0	0									



SEO Content

		<ul style="list-style-type: none">• [H2] Importance of Hand-Eye Coordination• [H2] Hand-Eye Coordination in Children• [H2] Hand-Eye Coordination in Adults• [H2] How to Improve Hand-Eye Coordination• [H2] Hand-Eye Coordination Tests• [H2] Conclusion• [H2] FAQ• [H3] About the Author• [H3] Connect with me• [H3] 1. Academic Skills• [H3] 2. Sports and Physical Performance• [H3] 3. Daily Activities• [H3] 1. Ball Toss Test• [H3] 2. Tapping Speed Game• [H3] 3. Reaction Time App Test• [H3] 4. Cup Stacking Challenge• [H3] 5. Clinical Finger-to-Nose Test• [H4] What is hand-eye coordination?• [H4] How to improve hand-eye coordination?• [H4] What are the best toys for hand-eye coordination?• [H4] Do video games improve hand eye coordination?• [H4] What are examples of hand-eye coordination activities?• [H4] How to test hand-eye coordination?• [H4] Do men have better hand eye coordination than women?• [H4] What games help hand-eye coordination?
	Images	We found 11 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : 54% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.

SEO Links

	In-page links	We found a total of 8 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Introduction	Internal	Passing Juice
What Is It?	Internal	Passing Juice
Importance	Internal	Passing Juice
Children	Internal	Passing Juice
Adults	Internal	Passing Juice
How to Improve	Internal	Passing Juice
Tests	Internal	Passing Juice
FAQ	Internal	Passing Juice

SEO Keywords

	Keywords Cloud	speed hand-eye eye how motor hand activities games reaction coordination
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Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
coordination	47	✓	✗	✓	✓
hand	27	✓	✗	✓	✓
eye	21	✓	✗	✓	✓
hand-eye	20	✓	✗	✓	✓

Keywords Consistency

motor

18



Usability

	Url	Domain : hand-eye-coordination.com Length : 25
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Perfect. No inline css has been found in HTML tags! Great, your website has few CSS files. Perfect, your website has few JavaScript files.

Document

✔ Perfect, your website takes advantage of gzip.

Mobile



Mobile Optimization

- ✔ Apple Icon
- ✔ Meta Viewport Tag
- ✔ Flash content

Optimization



XML Sitemap

Great, your website has an XML sitemap.

<https://hand-eye-coordination.com/sitemap.xml>



Robots.txt

<http://hand-eye-coordination.com/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.