



# Website review chosenfamilytherapy.com

Generated on March 03 2026 07:55 AM





The score is 44/100







## SEO Content

	<p>Title</p>	<p>Daily Life, Expertly Hacked   Smart Apps for Everyday Wins</p> <p><b>Length : 58</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	<p>Description</p>	<p>Small delays, small doubts, small frictions — they add up. This selection of apps helps handle everyday moments faster and cleaner, from tracking and learning to health, ideas, and online safety, all with a few taps when it matters.</p> <p><b>Length : 232</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use <a href="#">this free og properties generator</a> to create them.</p>												
	<p>Headings</p>	<table border="1"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>13</td> <td>3</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>[H1] Daily Life, Expertly Hacked</li> <li>[H2] Tip 1: Never Ignore Small Coins — Coin ID Scanner</li> <li>[H2] Tip 2: Connection Without Constant Calls — Number Tracker</li> <li>[H2] Tip 3: Plants Talk, If You Listen — AI Plant Finder</li> <li>[H2] Tip 4: Play With Purpose — Mind Elevate</li> <li>[H2] Tip 5: See the Design Before the Ink — AI Tattoo Art Studio</li> <li>[H2] Tip 6: Keep Thoughts From Slipping Away — AI Chat Bot &amp; Virtual Helper</li> <li>[H2] Tip 7: Health Makes Sense in Patterns — Heart Pulse Monitor - Health Log</li> <li>[H2] Tip 8: Privacy Without Guesswork — VPN Security - Secure Shield</li> <li>[H2] Install the Right Apps — Thank Yourself Later</li> </ul>	H1	H2	H3	H4	H5	H6	1	13	3	0	0	0
H1	H2	H3	H4	H5	H6									
1	13	3	0	0	0									

## SEO Content

		<ul style="list-style-type: none"><li>• [H2] Popular</li><li>• [H2] Healing from Trauma through Creative Expression and Art Therapy</li><li>• [H2] Is Your Mind at Risk? Top Tips to Protect Your Mental Well-Being from Location Tracking Risks</li><li>• [H2] 5 Simple Habits That Strengthen Any Marriage</li><li>• [H3] Healing from Trauma through Creative Expression and Art Therapy</li><li>• [H3] Is Your Mind at Risk? Top Tips to Protect Your Mental Well-Being from Location Tracking Risks</li><li>• [H3] 5 Simple Habits That Strengthen Any Marriage</li></ul>
	Images	We found 38 images on this web page.  11 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : <b>5%</b>  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

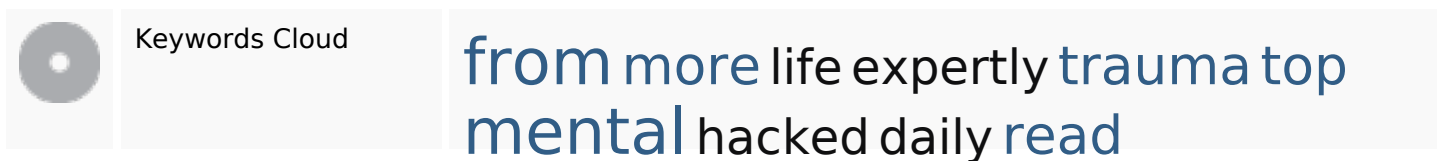
## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.
	In-page links	We found a total of 8 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 12.5%  Internal Links 87.5%

## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">Blog</a>	Internal	Passing Juice
<a href="#">About</a>	Internal	Passing Juice
<a href="#">Pages</a>	Internal	Passing Juice
<a href="#">Healing from Trauma through Creative Expression and Art Therapy</a>	Internal	Passing Juice
<a href="#">Is Your Mind at Risk? Top Tips to Protect Your Mental Well-Being from Location Tracking Risks</a>	Internal	Passing Juice
<a href="#">5 Simple Habits That Strengthen Any Marriage</a>	Internal	Passing Juice
<a href="#">check value of coins</a>	External	Passing Juice

## SEO Keywords







## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
mental	4	✘	✘	✘	✔
from	4	✘	✘	✔	✔
trauma	3	✘	✘	✘	✔
top	3	✘	✘	✘	✔
read	3	✘	✘	✘	✘












## Usability

Url	Domain : chosenfamilytherapy.com Length : 23
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## Usability

	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Attention! Try to avoid nested tables in HTML.</li><li> Too bad, your website is using inline styles.</li><li> Too bad, your website has too many CSS files (more than 4).</li><li> Too bad, your website has too many JS files (more than 6).</li><li> Perfect, your website takes advantage of gzip.</li></ul>




## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li></ul>
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## Mobile

- ✔ Meta Viewport Tag
- ✔ Flash content

## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="https://chosenfamilytherapy.com/sitemap.xml">https://chosenfamilytherapy.com/sitemap.xml</a>
	Robots.txt	<a href="http://chosenfamilytherapy.com/robots.txt">http://chosenfamilytherapy.com/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.